



Utah Division of

Substance Abuse and Mental Health

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Substance Use Among Utah Adults

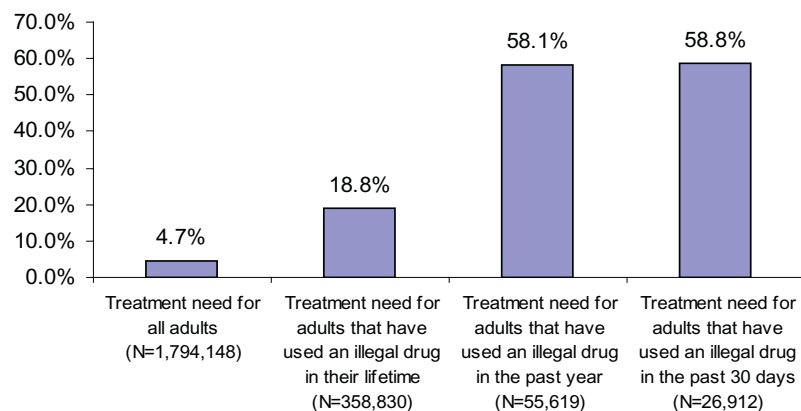
The 2005 Treatment Needs Survey is a telephone-based survey of 5,355 adults in Utah. This survey asked questions about substance use and abuse, as well as diagnostic questions that determined the level of treatment need in the State, based on DSM-IV criteria.

Substance Use by Age

| | All Adults | | 18-24 | | 25-44 | | 45-64 | | 65+ | |
|------------------|------------|--------|----------|--------|----------|--------|----------|--------|----------|--------|
| | Lifetime | 30-day | Lifetime | 30-day | Lifetime | 30-day | Lifetime | 30-day | Lifetime | 30-day |
| Alcohol | 50.5% | 20.8% | 38.4% | 17.7% | 53.1% | 22.5% | 55.7% | 22.5% | 48.9% | 16.3% |
| Marijuana | 18.5% | 1.1% | 18.8% | 3.1% | 21.2% | 0.8% | 21.8% | 0.6% | 2.0% | 0.2% |
| Cocaine | 5.5% | 0.1% | 5.2% | 0.4% | 7.0% | 0.1% | 5.8% | 0.0% | 0.3% | 0.1% |
| Heroin | 0.6% | 0.0% | 0.8% | 0.2% | 0.6% | 0.6% | 0.6% | 0.6% | 0.0% | 0.0% |
| Pain Relievers | 3.6% | 0.3% | 8.0% | 0.8% | 3.3% | 0.2% | 2.2% | 0.1% | 0.6% | 0.0% |
| Meth-amphetamine | 3.0% | 0.1% | 5.0% | 0.2% | 3.4% | 0.1% | 2.2% | 0.3% | 0.1% | 0.0% |
| Stimulants | 3.9% | 0.0% | 2.2% | 0.8% | 5.1% | 0.1% | 4.9% | 0.1% | 0.2% | 0.0% |
| Hallucinogens | 4.5% | 0.0% | 4.0% | 0.2% | 5.7% | 0.0% | 5.1% | 0.0% | 0.2% | 0.0% |
| Tranquilizers | 3.2% | 0.3% | 4.4% | 0.4% | 3.0% | 0.2% | 3.6% | 0.5% | 0.7% | 0.0% |
| Any Drug | 20.0% | 1.5% | 21.0% | 3.5% | 22.5% | 1.2% | 23.3% | 1.2% | 3.1% | 0.2% |

Recent Use and Need for Treatment

Percent of Adults in Various Use Categories
in Need of Treatment



How to read: 4.7% of all adults are in need of substance abuse treatment. 18.8% of adults that have used an illegal drug in their lifetime are in need of treatment.

Fiscal Year 2005 Quick Facts:

- Alcohol use peaks in the 24-64 year age group.
- Drug use peaks in the 18-24 year age group.
- Lifetime use rates of Methamphetamine and pain relievers are significantly higher in the 18-24 year old age group in comparison to other age groups, indicating age-specific problem drugs.
- More than half of adults that have used any illegal drug in the past year are in need of substance abuse treatment.
- Almost 1 in 5 adults that have used an illegal drug in their lifetime are in need of substance abuse treatment.
- Use rates for Utah adults are less than half that of the rest of the nation.
- Statewide, use of substances has decreased over the past 5 years, however, the percentage of adults in need of treatment remains the same.